Rodale, J. I. The healthy Hunzas. Emmaus, Pa., Rodale Press, 1948.

257 p.; 17 plates, one in color; map.

Yale: Uz45 I41 948r.

[This book, by a specialist in organic farming, is devoted to the theory that the Hunza people are so free from disease because they use only 'natural' foods in their diet. The author did no fieldwork in the area, relying on the published mateirals. The theory is pretty well demolished by Clark (source number 8, this file) who shows that in actuality the Hunza people are troubled with all sorts of diseases. Therefore, this source has not been processed for the AV7 Burusho file.]